

Replacing The Lies

8-WEEK MENTORSHIP FAQ

WHAT IS REPLACING THE LIES MENTORSHIP?

“Replacing the Lies” is an 8-week small group mentorship led by Melanie Waldman. Each week, 12 participants will come together online for 2 hours to study, pray, and share.

IS THIS MENTORSHIP IS FOR ME?

Do you ever feel like you’re on the right track only to wind up feeling back where you were, making the same mistakes over and over again? Do you find yourself in perpetual states of chaos? Do you attract the wrong people in your life? Have you tried and tried, maybe even attend church regularly – but still you don’t “feel” free? Do you feel ready for a change? If you answered yes to these questions, this mentorship is a good place for you.

If you have experienced one or more of the following, please join us.

- Abuse as a child or an adult
- Loss or trauma as a child or an adult
- Divorce
- Death of a close relative
- Mild-to-moderate persistent anxiety or depression

WHAT WILL THE SESSIONS BE LIKE?

On-line group sharing will be safe and encouraging. Every session will last 2 hours and will include teaching, guided journaling and sharing. Off days will include private journaling. There will be a code of conduct each participant will follow to ensure a great confidence for each of us as well as a nourishing environment.

WHAT TOPICS WILL WE FOCUS ON?

- Week 1: Genealogy and Forgiveness
- Week 2: Gratitude
- Week 3: Promises
- Week 4: Boundaries
- Week 5: Testimonies & Worship
- Week 6: Surrender
- Week 7-8: Replacing the Lies

WHAT SOURCES IS THE MENTORSHIP BASED UPON?

- Holy Scriptures
- Paul Tripp, "Boundaries"
- Rick Warren, "The Purpose Driven Life"
- Dr. Curt Thompson, "The Soul of Shame"
- Dr. Candace Pert, "Molecules of Emotion"
- Chester & Betsy Klyrstra "Healing and Freedom"
- Ed T. Welch "Side by Side: Walking with Others in Wisdom and Truth"
- Melanie's Life Experience

WHO CAN APPLY?

Applicants should be a follower of Jesus Christ or "seeking." It is advised that applicants be a member of a faith community or be seeing a therapist/counselor.

WHO WILL BE ACCEPTED INTO THE MENTORSHIP?

11 applicants will be accepted into the first 8-week session beginning in January 2022.

WHAT IS THE COST?

The average cost of the 8-week term will be \$240 (\$30/session), however no one will be turned away due to cost. Applicants are encouraged to email info@melaniewaldman.com for more information.

WHEN WILL I KNOW IF I'VE BEEN ACCEPTED?

Once you've completed the application, you will receive a confirmation email. Your application will be reviewed within 1-2 days and if any further information is needed, you will receive a follow-up email. After this, you should receive an email explaining payment details and a link to weekly sessions.

WHEN WILL SESSIONS BE HELD?

Our first mentorship will begin in January. Sessions will be scheduled weekdays on Tuesdays or Thursdays. Applicants will receive an email approximately 2 weeks prior to the start of sessions.

WHAT SHOULD I EXPECT?

You should expect to come surrendered, anticipating a breakthrough. I absolutely believe each of us will gain greater freedom. I believe we will see miracles as we begin to live in the fullness of life for which we were created. We are all on a journey and God has a plan and a purpose for each of us. In our sessions, we will lay the groundwork for healing, while it is God who ultimately does the healing. God himself is wholeness and He desires unity with and wellness for his children. Together, we will move in close to Jesus, trusting Him and His Truth.